Your First 30 Days Checklist

Hang this on your fridge. Items marked **(Warranty)** keep your health warranty active; items marked **(Extended Warranty)** earn the 3, 4 and 5 year extensions. Full details are in your Quick Start Guide, Nutrition Guide and Puppy Contract.

Before Go-Home

- ☐ **(Warranty)** Send the food survey if you will feed anything other than pawTree. I approve other foods in writing before go-home.
- ☐ **(Warranty)** Book your vet visit for within 2 days of go-home (a Friday go-home means a Monday visit). Vets book weeks out, so call now.
- ☐ **(Extended Warranty)** Order NuVet Vitamins with code 750030 so they arrive before your puppy does.
- ☐ Have Trupanion details ready: birth date, breed, microchip number and breeder code BR1CN11920.
- ☐ Start Baxter & Bella (code CLOUDNINE, 25% off lifetime). Ask me about Puppy Culture at 30% off.
- ☐ Set up the crate (with a divider) where your puppy will sleep; cover a wire crate with a blanket on the top and three sides so it feels like a den. Add plus gates, a no-pull harness, an ID tag, potty bells and poop bags.
- ☐ **(Extended Warranty)** Order pawTree kibble through my link (pawtree.com/cloudninedoodles) so it's tracked for your warranty.
- ☐ Stock up on a raw source (Lynden Meats or We Feed Raw code CLOUDNINE50), pure pumpkin and safe chews.
- ☐ Puppy-proof: cords, shoes, toxic plants, and anything that holds xylitol, chocolate, grapes or raisins.

Go-Home Day and the First Night

- ☐ **(Warranty)** Activate Trupanion's free 30-day Go Home Day Offer: the day before, of, or after go-home (go-home day is best). Save the confirmation email.
- ☐ On the drive home, keep your puppy off the ground at rest areas and stores.
- ☐ Put the blanket and the Heartbeat Puppy (with its heat pack) in the crate. Familiar smells help a lot.
- ☐ Keep feeding the same food. Evening raw meal at least 4 hours before bed; water up about 2 hours before bed.
- ☐ Expect some crying the first nights. Don't reward crying by taking your puppy out; take them out to potty, then right back in.

Days 1 to 7

- ☐ **(Warranty)** Vet visit within 2 days of go-home. Bring the health records PDF.
- ☐ **(Warranty)** Within 7 days of the vet visit, email the exam notes to CloudNineDoodles@Gmail.com with your puppy's name in the subject line. This activates your warranty. No reply in 2 days? Please reach out.
- ☐ **(Warranty)** Create your free IDTag account within 7 days. Check every detail, add an emergency contact, and never remove Cloud Nine.
- ☐ Potty outside after waking, eating, naps and play, and every couple of hours. Praise and treat. Teach the door bell.
- ☐ Crate for naps and short stretches every day so your puppy learns to be alone calmly. Never long stretches.
- ☐ Start gentle handling: feet, ears, mouth, brushing, a buzzing toothbrush and the blow dryer.

Days 8 to 30

- ☐ DA2PP booster about every 3.5 weeks (3 to 4 weeks apart), per your vet. Only vaccinate a healthy puppy, never one fighting worms, illness or injury.
- ☐ Stay close for several hours after any shot and watch for reactions (see below).
- ☐ Deworm at 10, 11 and 12 weeks (Pyrantel, Safe-Guard follow-up, Pyrantel).
- ☐ Socialize every day: new people, sounds, surfaces and store cart rides. Socialization through 12 weeks is required by your contract.
- ☐ Before the 30 days of Trupanion end, decide whether to keep it, and price-check USAA and Costco pet insurance too.
- ☐ Plan obedience training to be underway by 16 weeks. Send me photos, and leave a Google review if you've had a great experience!

Every Day: Our Protocol

- ☐ **(Warranty)** pawTree kibble, free-fed and always available (pick it up a few hours before bed once your puppy can handle it without pooping in the crate).
- ☐ **(Extended Warranty)** Raw meals three times a day until 12 weeks, then twice a day through the first year.
- ☐ **(Extended Warranty)** Keep every raw food receipt (a photo album on your phone works).
- ☐ **(Extended Warranty)** NuVet Vitamins every day (1/2 wafer to start, more as your puppy grows).
- ☐ Salmon oil and ImmunoShroom on the raw meal. Kefir, pumpkin, Greek yogurt and cottage cheese are great extras.
- ☐ No chicken or wheat in food, treats or chews. Treats made in the USA or Canada. Never rawhide.
- ☐ **(Warranty)** No flea or tick medicine, except Stronghold (Revolution) for an active outbreak. No Lepto unless you and your vet decide it is truly needed; no Bordetella unless boarding requires it.
- ☐ **(Warranty)** Keep a healthy weight. Indoors except play and exercise. No long runs, jumping or repeated stairs before age 1.

Watch For and Call the Vet

- ☐ Soft stool: pure pumpkin, psyllium, slippery elm, FortiFlora, Fast Track or Pro-Pectalin. Toltramax only for a positive fecal after 10 weeks.
- ☐ Call your vet for vomiting, bloody stool, diarrhea lasting more than a day or two, or a puppy who won't eat, seems weak or very sleepy.
- ☐ After vaccines: a sore spot, tiredness or a low fever usually pass in a day or two. Facial swelling, hives or vomiting: call your vet. Trouble breathing or collapse: emergency vet now.
- ☐ Toxic foods: chocolate, grapes and raisins, xylitol, onions, garlic in large amounts, macadamia nuts, alcohol, caffeine, raw yeast dough, cooked bones. ASPCA Poison Control: (888) 426-4435.
- ☐ Can't keep your puppy for any reason? Call me first, always. Never a shelter.